



MENTAL HEALTH 2026

INTERNATIONAL CONFERENCE ON MENTAL HEALTH & PSYCHIATRY



**Theme: Bridging Clinical Psychiatry and Community Mental Health
for a Healthier Future**



**Conference
Date:
November
19-20, 2026
Venue
Place:
London, UK**

**Organization Name : Vartus Group
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ABOUT CONFERENCE



Vartus Group Limited proudly presents the Global Congress on **International Conference on Mental Health & Psychiatry**.

The International Conference on Mental Health & Psychiatry series (frequently held in 2026 in cities like Paris, London, and New York) acts as a premier global forum for psychiatrists, researchers, and clinicians. It focuses on sharing cutting-edge research, innovative therapies, and holistic approaches to improve global mental health care delivery, covering topics from neurobiology to digital psychiatry.

Summary

The conference brings together psychiatrists, psychologists, researchers, clinicians, educators, and healthcare professionals from around the world.

Its main goal is to provide a platform for sharing research, innovations, and practical solutions related to mental health and psychiatric care.

The International Conference on Mental Health & Psychiatry serves as an interdisciplinary platform that connects experts to improve mental healthcare systems, share scientific advancements, and address global mental health challenges.

Diagnosis, treatment, and prevention of mental, emotional, and behavioural disorders

Topics such as:

Depression, anxiety, schizophrenia, and addiction

Child and adolescent psychiatry

Neuroscience and neuropsychiatry

Public mental health and wellbeing

Emerging therapies and digital mental health solutions

Scientific Sessions

- Mental Health & Well-being
- General Psychiatry
- Clinical Psychiatry & Diagnosis
- Psychological Disorders & Assessment
- Psychotherapy & counselling
- behavioural Sciences
- Neuropsychiatry
- Addiction Psychiatry
- Mood Disorders & Depression
- Bipolar Disorder
- Schizophrenia
- Obsessive-Compulsive Disorder (OCD)
- Personality Disorders
- Dissociative Disorders
- Neuroscience & Brain Disorders
- Brain Health & Biomarkers
- Cognitive Neuroscience
- Psychoneuroimmunology
- Psychosocial Interventions
- Cognitive behavioural Therapy (CBT)
- Pharmacotherapy
- Rehabilitation & Recovery Models
- Mindfulness & Wellness Approaches



For Virtual Participants:

- Opportunity to present remotely from home or work
- Access to all Presentations
- E-Abstract Book and Program
- E-Certificate for Participation

REGISTRATION INCLUDES

For In-person Participants:

- Full access to all conference sessions
- Conference kit (includes name tag, program booklet)
- E- Copy of Abstract Book
- Daily lunch and coffee breaks throughout the conference
- Certificate of participation issued by the Organizing Committee

FOR MORE INFORMATION

<https://vartusconferences/mental-health>

+1 212-220-8889



EVENT SCHEDULE

Thursday November 19-20, 2026

Nov - 19th

08:00 – 09:00

Registration and Welcome Reception

09:00 – 09:30

Opening Ceremony and Introductory Remarks

09:30 – 10:30

Keynote Address I

10:30 – 11:00

Refreshment & Networking Break

11:00 – 12:30

Keynote Address II

12:30 – 13:30

Lunch Break

13:30 – 15:00

Parallel Breakout Sessions I

15:00 – 15:30

Refreshment & Networking Break

15:30 – 18:00

Parallel Breakout Sessions II

Nov - 20th

09:00 – 10:30

Keynote Address III

10:30 – 11:00

Refreshment & Networking Break

11:00 – 12:30

Parallel Breakout Sessions III

12:30 – 13:30

Lunch Break

13:30 – 15:00

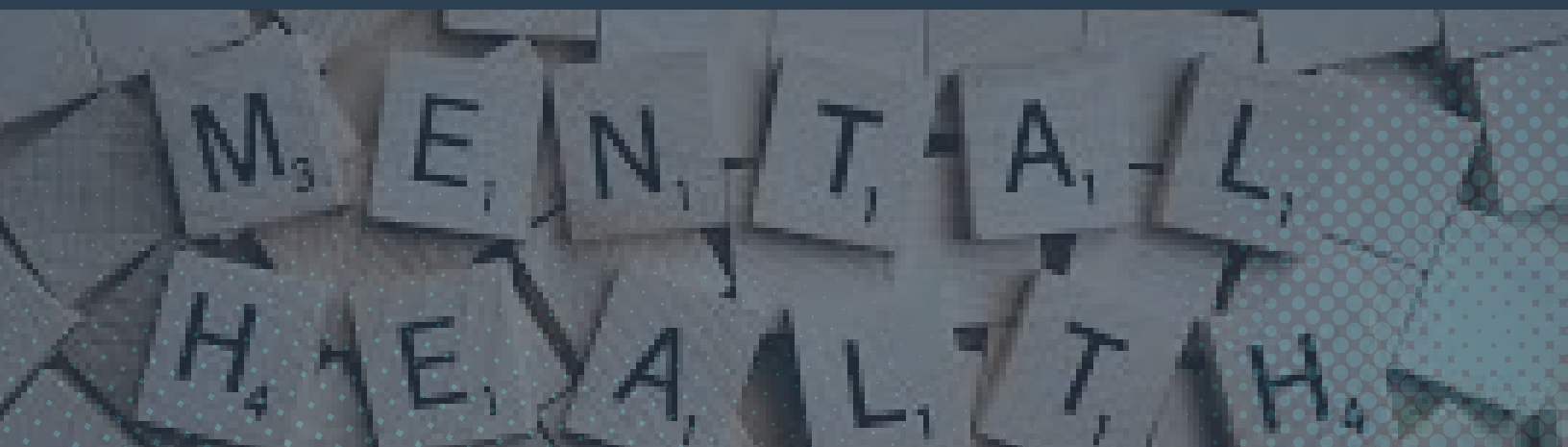
Poster Presentations

15:00 – 15:30

Refreshment & Networking Break

15:30 – 18:00

Parallel Breakout Sessions IV



Speakers



Joanna Benigna Strosznajder
Professor (Full) at Polish Academy of Sciences



Dr. Lidia Martinez
I am a Licensed Mental Health Counselor,
Qualified Supervisor, and a Master Level
Addiction Professional (MCAP)



Jens Brockmeier
Department: Psychology, Health and Gender



Johannes Wancata
Division of Social Psychiatry
(Department of Psychiatry and Psychotherapy)



Scientific Committee



Guek Nee Ke
Associate Professor, School of Social Sciences



Lidia Martinez
Licensed Mental Health
Counselor, M.C.A.P., A.D.C.



Felice Corona
Department of Human,
Philosophical and Educational